

Table 1: Summary descriptives table by groups of ‘Recruitment year’

	1995 N=431	2000 N=786	2005 N=1077	p.overall
Recruitment year:				0.000
1995	100%	0.00%	0.00%	
2000	0.00%	100%	0.00%	
2005	0.00%	0.00%	100%	
Age	54.0 [44.0;64.0]	54.0 [45.2;64.0]	56.0 [47.0;64.0]	0.082
Sex:				.
Male	47.8%	.%	.%	
Female	52.2%	.%	.%	
Smoking status:				<0.001
Never smoker	56.4%	54.6%	52.2%	
Current or former < 1y	26.3%	35.2%	20.5%	
Former \geq 1y	17.3%	10.2%	27.4%	
Systolic blood pressure	132 [118;144]	132 [118;148]	125 [115;142]	<0.001
Diastolic blood pressure	78.0 [72.0;84.0]	80.0 [74.0;88.0]	79.0 [73.0;87.0]	<0.001
History of hypertension	25.8%	29.6%	35.5%	<0.001
Hypertension treatment	16.5%	16.2%	22.2%	0.002
Total cholesterol	225 [196;254]	222 [193;250]	209 [184;238]	<0.001
HDL cholesterol	50.6 [41.0;61.0]	49.7 [41.1;62.3]	52.0 [43.0;61.0]	0.077
Triglycerides	94.0 [71.0;136]	98.0 [72.0;133]	98.0 [72.0;139]	0.762
LDL cholesterol	151 [127;175]	147 [120;174]	133 [110;159]	<0.001
History of hyperchol.	22.5%	33.2%	33.2%	<0.001
Cholesterol treatment	6.50%	8.80%	12.8%	<0.001
Height (cm)	163 [157;170]	162 [155;168]	163 [156;170]	0.010
Weight (Kg)	72.0 [64.0;80.3]	73.0 [63.5;83.0]	73.0 [63.0;83.0]	0.300
Body mass index	26.5 [24.2;29.5]	27.6 [24.7;30.7]	27.2 [24.3;30.4]	0.001
Physical activity (Kcal/week)	390 [226;617]	347 [185;574]	262 [127;443]	<0.001
Physical component	51.7 [44.8;54.6]	51.9 [44.4;55.6]	53.1 [45.4;55.9]	0.001
Mental component	52.3 [44.6;56.9]	52.8 [42.7;57.0]	49.7 [40.7;55.1]	<0.001
Cardiovascular event	2.51%	4.72%	4.59%	0.161
Days to cardiovascular event or end of follow-up	1728 [746;2767]	1617 [723;2596]	1775 [835;2723]	0.096
Overall death	4.65%	11.0%	7.23%	<0.001
Days to overall death or end of follow-up	1557 [812;2689]	1609 [734;2549]	1734 [817;2713]	0.249